

DEKALB HIGH SCHOOL
FALL SPORTS/ACTIVITY REGISTRATION INFORMATION

**Register for 2010-11 DHS Fall Sports & Poms during Summer Athletic Office hours OR
July 20, 21, 22, August 3, 4, 5 from 7-12:00, 1:00-2:30 in DHS Athletic Office.
Call 815-754-2148 before August 5 if you need to make other arrangements.**

FALL SPORTS REGISTRATION FORMS AND PHYSICALS are due in the DHS Athletic Office by Thursday, August 5. Athletes will NOT be allowed to practice without signed permission form and current physical turned in.

- 1. Signed Parent Permission Form (Forms available in DHS Athletic Office or www.dist428.org)**
 - 2. Current Physical (not more than one year old)**
 - 3. \$100 Sport Fee per sport, (due by first competition) student's 3rd sport in a year is free
\$35 Poms Activity Fee due by first performance, (\$100 Sport Fee not required for Poms)**
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FALL SPORTS PRACTICE START INFORMATION

BOYS' FOOTBALL	Tuesday, August 10, 6pm Parent/Player Meeting in DHS Aud Practice August 11, 12, 13, 3-8:00 pm, August 14, 8-12:00, August 16-20, 3-8:00 pm
BOYS'/GIRLS' CROSS COUNTRY	Practice Wednesday-Friday, August 11, 12, 13, 9-11:00am Meet near DHS tennis court area prepared to practice
BOYS'/GIRLS' GOLF	Practice Wednesday, August 11, New & Returning Golfers @ 7:30 am Thursday, Friday, August 12, 13, Time TBA Practice at River Heights Golf Course Friday, August 13, Mandatory Parent Meeting, 6:15pm in DHS Aud
BOYS' SOCCER	Practice Wednesday, Thursday, August 11, 12, 8-10:00 & 2-4:00 Friday, August 13, 8-10:00 & 4-6:00, Saturday, August 14, 9-11:00 am All levels meet at DHS varsity soccer field for practices Friday, August 13, Mandatory Parent Meeting @ 6:15pm in DHS Aud
GIRLS' SWIMMING	Meeting Monday, August 9, 3:00 in DHS pool lobby for meeting only Practice in DHS Pool Wednesday-Friday, August 11, 12, 13, 7-9:00 am,
GIRLS' TENNIS	Practice Monday, August 16, 9-11:00 am Tuesday, Wednesday, August 17-18, Practice 9-12:00 Thursday, Friday, August 19, 20, 3-5:00 pm Practices held at DeKalb High School tennis courts
GIRLS' VOLLEYBALL	Practice Wednesday-Friday, August 11, 12, 13, 6-9:00 pm, Saturday, August 14, 8-11:00 am All levels meet in DHS main gym
CHEERLEADING	Varsity Practice begins on Wednesday, August 11, Time TBA JV Practice begins on Thursday, August 12, Time TBA Teams selected in Spring of 2010
POM PONS	Monday, August 23, 3-5:00 pm in Park District Rec Center Teams selected in Spring of 2010

A parent must attend one of three Mandatory Parent Meetings scheduled for Tuesday, August 10, 6:00 pm before Football parent meeting OR Friday, August 13, 6:15 pm before the Soccer and Golf parent meetings OR Monday, August 23, 6:00 pm during Fall Booster Sports Intro Night.

Mandatory Fall Athlete Meeting will be held on Thursday, August 12, 2:00 p.m. in the DHS Auditorium.